



UNIVERSITY OF
CALGARY

PARTICIPANTS NEEDED FOR RESEARCH

Title of Project: Young Adults with Eating Disorders Perception of Their Future.

Purpose:

The purpose of this study is to better understand the ways that young adults with an eating disorder think about their future. This includes how eating disorders can create barriers that impede the individual's ability to positively and accurately think about their future. This will create a greater understanding as to how health professionals can support young adults with an eating disorder.

What you will be asked to do:

You would be asked to complete an in-person or over-the-phone interview with the researcher (approximately 1 hour). A brief screening questionnaire will be administered prior to the interview. In the interview, you will be asked questions about how you think about your future, your perceptions and experiences in thinking about your future, and the barriers standing in the way of you achieving your ideal future.

In order to participate in this study, you must:

- be between the ages of 18-26
- be currently seeking treatment for the eating disorder from a healthcare provider
- meet the eligibility criteria for the study based on the screening questionnaire

This study has been approved by the University of Calgary Conjoint Health Research Ethics Board (REB19-0625)

For more information about this study, please contact:

Undergraduate Student Researcher:

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